

Far North Wholesalers

Cairns

Ph: (07) 40357777 Fax: (07) 40357799

Townsville

Ph: 0747 734 531 Fax 0747 734 813

Hanly Confectionery

Mackay

Ph: 0749 535 673 Fax: 0749 573 773

Nutritional Information

Details

	Description	per 27g	per 100g	Smiths 27g	Code
	Energy	573kj	2120kj	Original	4032
	Protein	2.3g	8.4g	Salt & Vinegar	4128
	Fat - total	8.6g	31.8g	BBQ	4033
	- saturated	3.0g	11.2g	Twisties	4131
	- trans	0.0g	0.2g	Sour Cream & Chives	4127
	- monounsaturated	4.6g	16.8g		
	Carbohydrate - total	12.4g	45.9g		
	Sugars	0.5g	1.8g	21 per carton	
	Sodium	194mg	719mg	Price per packet - \$0.75	
	Potassium	426mg	1580mg	rrp \$1.00	
	Description	per 30g	per 100g	Red Rock 28g	Code
	Energy	575kj	2053kj	Honey & Soy Chicken	4135
	Protein	2.2g	7.7g	Original Sea Salt	4134
	Fat - total	6.6g	23.4g		
	- saturated	0.9g	3.4g		
	- trans	0.00g	0.1g	21 per carton	
	- monounsaturated	5.1g	18.4g	Price per packet - \$0.75	
	Carbohydrate - total	17.4g	62.0g	rrp \$1.00	
	Sugars	1.1g	4.1g		
	Sodium	152mg	543mg		
	Description	per 28g	per 100g	JJ's Snacks	Code
	Energy	460kj	2281kj	Chicken	JJCS
	Protein	1.6g	7.8g	Salt & Vinegar	JJSV
	Fat - total	6.4g	32.1g	Cheese & Onion	JJCO
	Fat - saturated	2.8g	14.0g	Burger	JJBS
	Carbohydrate	11.4g	56.8g	Pizza	JJPZ
	Sugars	0.5g	2.7g	Cheese Nugget	JJCN
	Sodium	119mg	593mg	30 per carton	
	Potassium	27mg	135mg	price per packet- \$0.92	
				rrp - \$1.30	
	Description	per 25g	per 100g	Shapes	Code
	Energy	510kj	2030kj	Variety Multipacks 300g	ASVM300
	Protein	2.8g	11.3g	12 individual wrapped packs	
	Fat - total	5.9g	23.8g	Price - \$6.16	
	- saturated	2.8g	11.3g	rrp - \$0.80	
	Carbohydrate - total	13.7g	54.8g	size - 25g	
	Sugars	0.4g	1.8g		
	Dietary fibre	0.9g	3.6g		
	Sodium	268mg	1070mg		
		Description	per 25g	per 100g	Tiny Teddy
Energy		480kj	1920kj	Choc Multipack 250g	ATTMCP
Protein		2.0g	8.0g	Variety Multipack 250g	ATTMVP
Fat - total		3.3g	13.4g	10 individual wrapped packs	
- saturated		1.9g	7.7g	Price - \$5.01	
Carbohydrate - total		18.5g	74.2g	rrp - \$0.70	
Sugars		6.5g	26.0g	size - 25g	
Sodium		98mg	390mg		

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	Description	per 25g	per 100g	Ajitas Vege Chips	Code
	energy protein fats - total carbohydrates sugars dietary fibre cholesterol sodium	482kj 0.4g 4.6g 17.4g 2.3g 0.7g 0.0mg 191mg	1931kj 1.6g 18.4g 69.5g 9.0g 2.9g 0.0mg 764mg	BBQ Sweet & Sour Price - \$0.56 rrp - \$0.70 Qty - 40 pkts per carton	VB25 VSS25
	Description Energy Protein Fat - total - saturated Carbohydrate - total Sugars Dietary fibre Sodium	15g 315kj 1.3g 3.5g 1.8g 9.8g 0.6g 63mg	100g 2114kj 8.6g 23.4g 11.8g 65.1g 3.7g 418mg	JJ's Flavoured Noodles 15g Chicken BBQ Price - \$0.23 rrp - \$0.30 Qty - 60 pkts per outer	JJNC JJNB
	Description Energy Protein Fat - total - saturated Carbohydrate - total Sugars Dietary fibre Sodium	per serve 803kj 2.8g 9.0g 1.6g 25.1g 2.9g 2.4g 235mg	100g 2010kj 7.0g 22.4g 4.0g 62.7g 7.3g 6.0g 587mg	Grainwaves 40g Original Sour Cream & Chives Sweet Chilli & Sour Cream 18 units per carton Price - \$1.36 rrp - \$1.85	Code 4765 4764 4766
	Description Energy Protein Fat - total - saturated Carbohydrate - total Sugars Dietary fibre Sodium	per serve 883kj 4.4g 11.4g 3.5g 24.3g 14.1g 1.5g 3.1mg	100g 2207kj 11.1g 28.4g 8.8g 60.7g 35.2g 3.8g 7.8mg	Sun Health Sesame Snacks Sesame Snacks 40g 24 units per outer Price - \$17.88 rrp - \$1.05	Code SSS
	Description Energy Protein Fat - Total - Saturated Carbohydrates Sugars Sodium	per serve 246kj 1.1g 0g 0g 14.8g 10.2g 14.8mg	100g 1323kj 5.7g 0g 0g 74g 51g 74mg	CTC 90% Juice Snacks Natural Fruit Bears Price - \$21.84 rrp - \$0.05 Size - 1.4kg Qty - 500 units per bag	Code CNFB

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	Description	Per 40g	Per 100g	Golden Days	Code
	Energy	872kj	2180kj	Sesame Snaps Yogurt	SSY
	Protein	4.2g	10.5g	Price - \$30.63	
	Fat - Total	12.2g	30.5g	rrp - \$1.50	
	- Saturated	1.8g	4.5g	Qty - 24 units per outer	
	- Monounsaturated	4.5g	11.3g		
	Carbohydrate - Total	20.5g	51.3g		
	- Sugars	15.1g	37.8g		
	Sodium	39.6mg	99mg		
	Description	Per 40g	Per 100g	Golden Days	Code
	Energy	872kj	2180kj	Sesame Snaps 40g	SSC
	Protein	4.2g	10.5g	Price - \$21.94	
	Fat - Total	12.2g	30.5g	rrp - \$1.30	
	- Saturated	1.8g	4.5g	24 per outer	
	- Trans	<0.001g	<0.01g		
	- Polyunsaturated	5.8g	14.6g		
	- Monounsaturated	4.5g	11.3g		
	Carbohydrate - Total	20.5g	51.3g		
- Sugars	15.1g	37.8g			
Sodium	39.6mg	99mg			
	Description	per 15g	per 100g	Hello Panda 21g	Code
	Energy	340kj	2268kj	Hello Panda 21g	MHPD
	Protein	1g	6.7g	Price - \$40.16	
	Fats - total	5g	33.3g	rrp - \$1.00	
	Fats - saturated	3g	20g	60 per outer	
	Carbohydrate	9g	60g		
	Sugars	4g	26.7g		
	Sodium	55mg	367mg		
	Cholesterol	0mg	0mg		
	Description	per 15g	per 100g	Ovalteemies	Code
	Energy	223kj	1488kj	Ovalteemies 15g	NO
	Protein	1.5g	10.3g	Price - \$16.28	
	Fat - total	<1g	2.0g	rrp - \$0.95	
	Fat - saturated	<1g	1.7g	24 per outer	
	Carbohydrate - total	10.9g	72.9g		
	- sugars	10.3g	69.5g		
	Sodium	25mg	175mg		
	Description	per 20g	per 100g	Ricci Licorice	Code
	Energy	280kj	1400kj	Ricci Licorice Twists	RLT
	Protein	<1g	3.0g	110 units per outer	
	Fat - total	<1g	1.7g	Price - \$21.78	
	- saturated	<1g	0.7g	rrp - \$0.30	
	Carbohydrate - total	15.1g	75.6g		
	Sugars	10.2g	51.1g		
	Sodium	35mg	174mg		

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	Description	per 20g	per 100g	CTC Yogurt	Code
	Energy	254kj	1270kj	Yoghurt Frogs 1.5kg price - \$26.73	CYJF
	Protein	1.1g	5.7g	rrp - \$0.15	
	Fat total	<1g	<1g	260 per outer	
	Saturated	<1g	<1g		
	Carbohydrates	14.1g	70.6g		
	Sugar	10.3g	51.9g		
	Sodium	18mg	91mg		
	Energy	279kj	1397kj	Yoghurt Sour Snakes price - \$27.72	CYS
	Protein	1.18g	5.9g	rrp - \$0.20	
	Fat - total	<1g	<1g	200 units per outer	
	- saturated	<1g	<1g		
	Carbohydrates	15.6g	78.1g		
	Sugars	10.8g	54.4g		
	Sodium	10.6mg	53.2mg		
	Energy	279kj	1397kj	Yoghurt Babies 500 units per bag Price - \$24.57	CYB
	Protein	1.18g	5.9g	rrp - \$0.10	
	Fat - total	<1g	<1g		
	- saturated	<1g	<1g		
	Carbohydrates	15.6g	78.1g		
	Sugars	10.8g	54.4g		
	Sodium	10.6mg	53.2mg		
	Energy	279kj	1397kj	Yoghurt Fruit 500 units per bag Price - \$24.57	CYF
	Protein	1.18g	5.9g	rrp - \$0.10	
	Fat - total	<1g	<1g		
	- saturated	<1g	<1g		
	Carbohydrates	15.6g	78.1g		
	Sugars	10.8g	54.4g		
	Sodium	10.6mg	53.2mg		
	Energy	145kj	1524kj	Fini Filled Bars Yogurt	CFFBY
	Protein	0.23g	2.4g	Fini Filled Bars Blueberry Yogurt	CFFBB
	Total carbohydrates	7.97g	83.89g	Price - \$25.06	
	Sugars	3.96g	41.7g	rrp - \$0.20	
	Total fat	0.22g	2.36g	200 per outer	
	Saturated fat	0.11g	1.2g		
	Sodium	12.7mg	133.7mg		

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Far North Wholesalers

Cairns

Ph: (07) 40357777 Fax: (07) 40357799

Townsville

Ph: 0747 734 531 Fax 0747 734 813

Hanly Confectionery

Mackay

Ph: 0749 535 673 Fax: 0749 573 773

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Far North Wholesalers

Cairns

Ph: (07) 40357777 Fax: (07) 40357799

Townsville

Ph: 0747 734 531 Fax 0747 734 813

Hanly Confectionery

Mackay

Ph: 0749 535 673 Fax: 0749 573 773

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Ph: 0747 734 531 Fax 0747 734 813

Hanly Confectionery

Mackay

Ph: 0749 535 673 Fax: 0749 573 773

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Far North Wholesalers

Cairns

Ph: (07) 40357777 Fax: (07) 40357799

Townsville

Ph: 0747 734 531 Fax 0747 734 813


Hanly Confectionery

Mackay

Ph: 0749 535 673 Fax: 0749 573 773

Nutritional Information

Details

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